

# **GURU NANAK INSITUTE OF PHARMACEUTICAL SCIENCE AND TECHNOLOGY**

157/F Nilgunj Road, Panihati,  
Kolkata, West Bengal  
700114



**GNIPST MENTORSHIP SCHEME**



## GNIPST MENTORSHIP SCHEME

Mentor Mentee relationship has a long history. Mentor was the son of Alcimus in Greek mythology, who appeared in the Homeric epic The Odyssey. In old age, he was a close friend of Odysseus, who placed Mentor in responsibility of his son Telemachus, while the hero was away fighting at the Trojan War. Presently, term Mentor is used for someone who imparts wisdom to and shares knowledge with a less-experienced colleague.

In teaching learning process mentorship is considered as one the important universal human value which to be incorporated in every academic institute. Guru Nanak Institute of Pharmaceutical Science and Technology has adapted Mentorship policy since 2006 for the students. Students (Mentees) are assigned with different faculty members in the time of induction period and continues till final year. During the induction period students are acquainted with mentorship scheme in a dedicated session for mentorship.

**Purpose of the mentorship** can fulfil the following:

- help students to grow as a person and become the best version of themself.
- This may involve helping a mentee to achieve their personal or career goals, introducing them to new ways of thinking, challenging their limiting assumptions, sharing valuable life lessons, and much more.

**Benefits of Mentorship:**

- Increase self-confidence
- enhance self-awareness
- Develop strong communication skills
- Growing a personal network within the profession and studies
- Exposure to new and different perspectives
- Learn to self-reflect
- Improve goal-setting
- Learn from other's experiences
- Learn to ask good questions
- Being supported by someone
- Being advocated for

Mentors are also responsible to conduct regular meeting with students and parents.

### Do's and Dont's for Mentees:



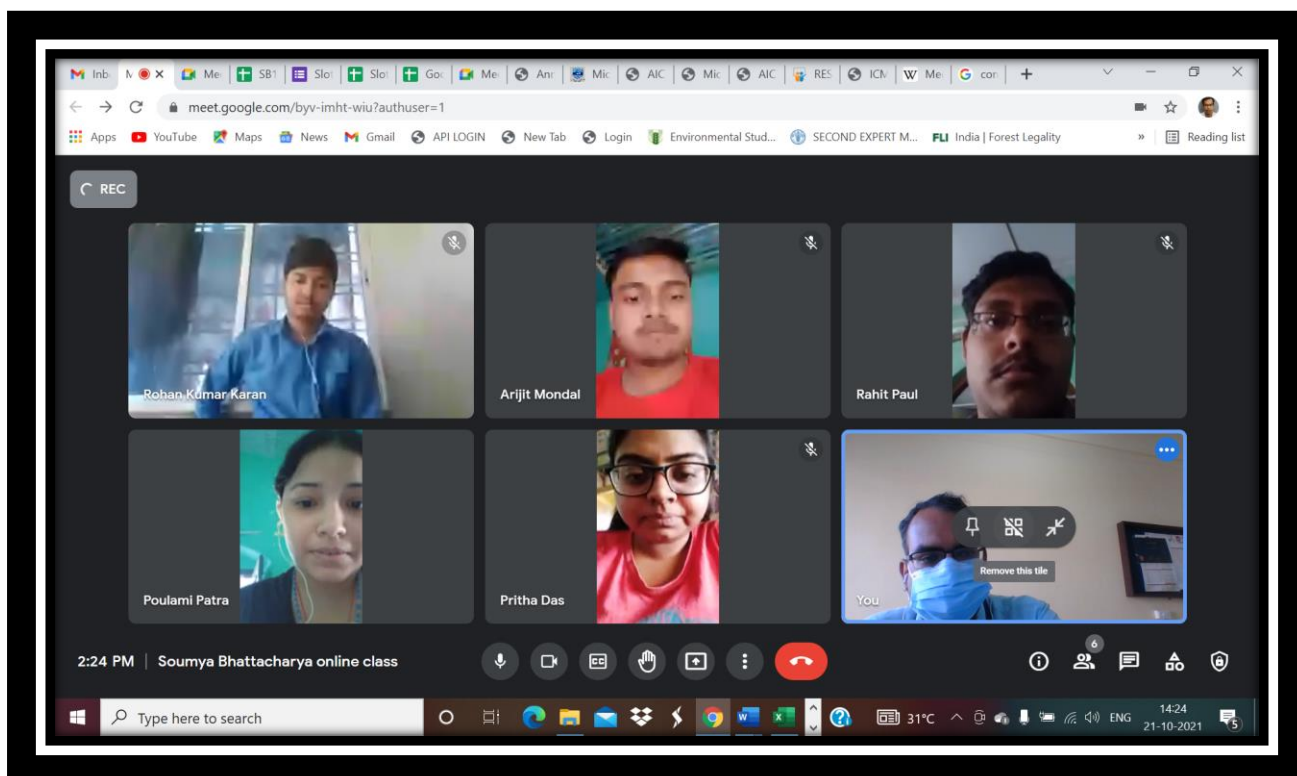
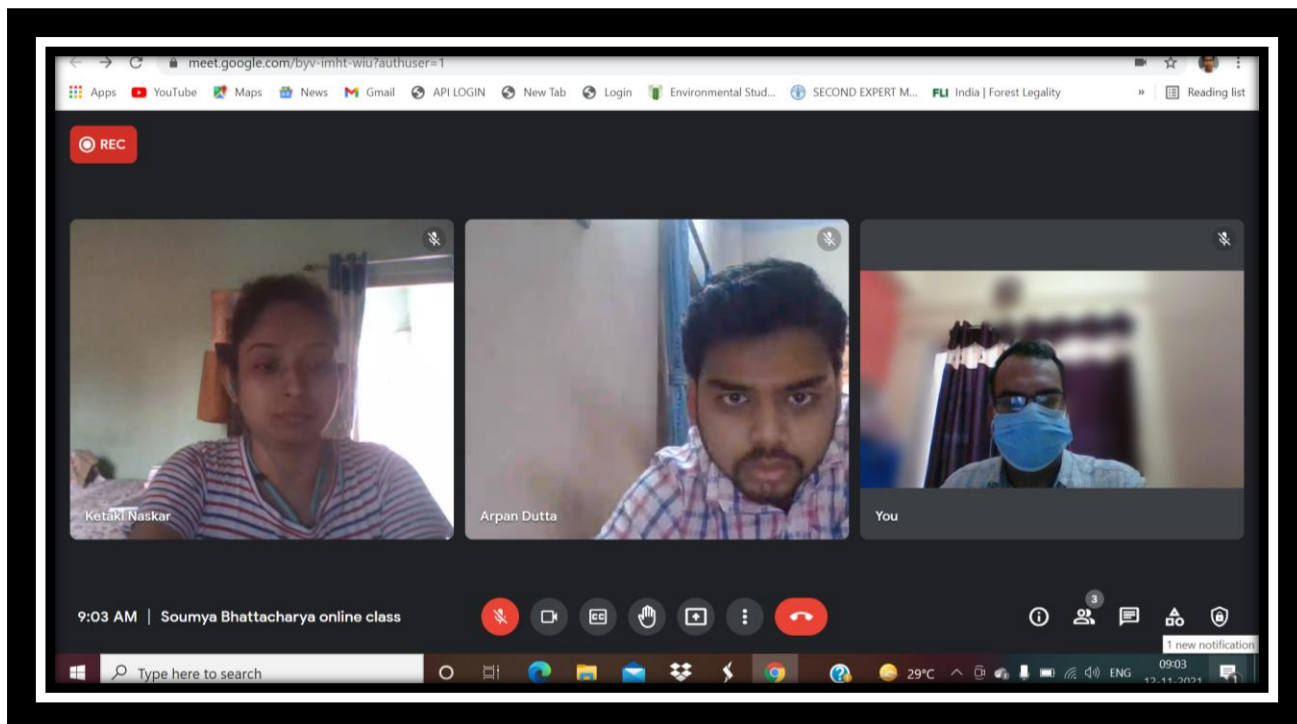
- Always keep in contact with your Mentor
- Meet your mentor on the basis of predefined frequencies [physically/virtually]
- Update your mentor about your regular attendance
- Take approval from your mentor regarding any kind of leave [also inform after resuming]
- Take advice for your academic, personal and professional dilemma and difficulties]
- Inform and take approval from your mentor for any kind of extra and co-curricular activities/MAR
- Share your all achievements/certificates of trainings
- Inform your semester and CA results to you mentor



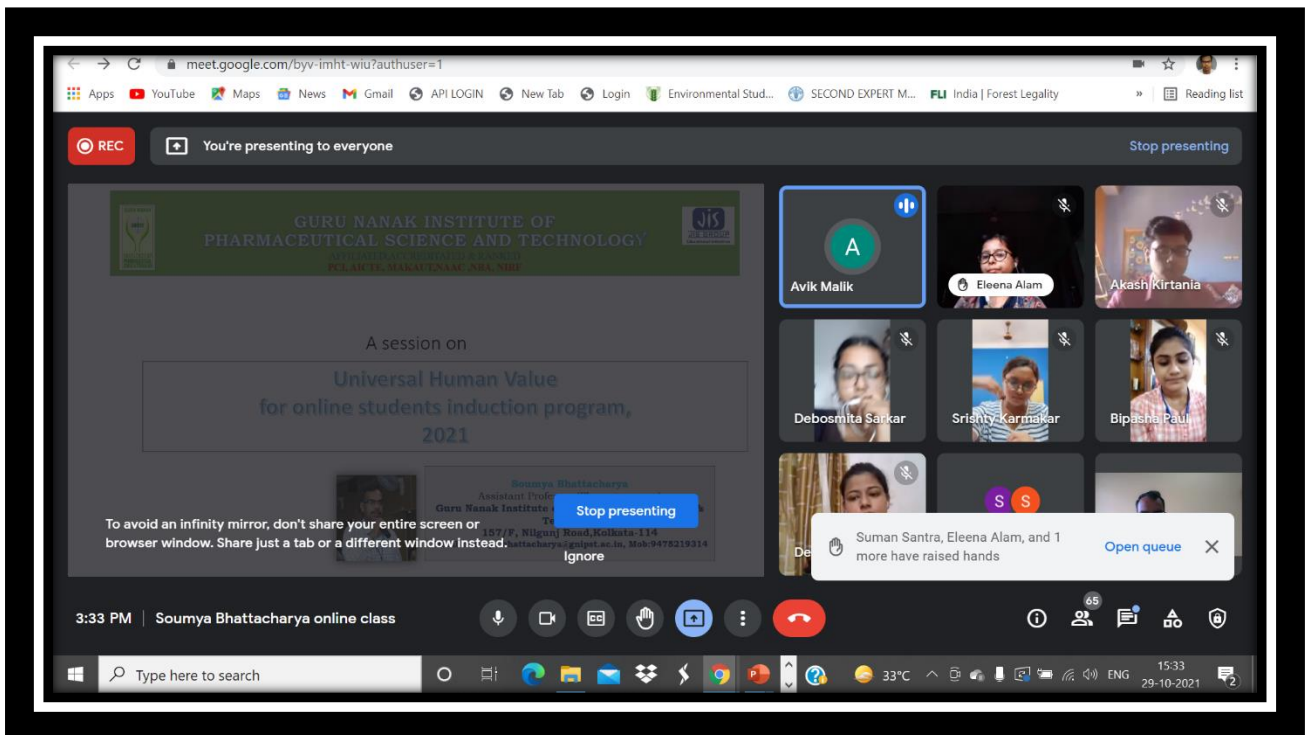
- Calling your mentor without decorum
- Avoiding all Do's

### Outcome of GNIPST Mentorship scheme:

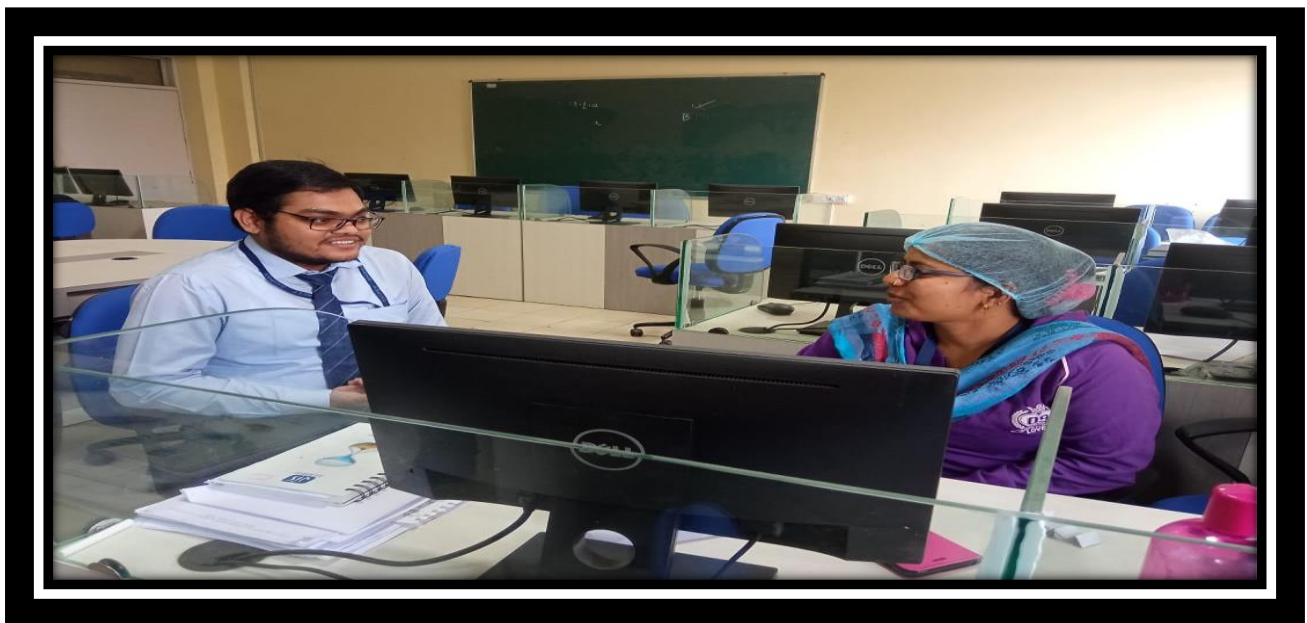
- A well disciplined , confident mentee
- Ethical, professionally equipped mentee
- Socially conscious person
- A leader, lifelong learner , communicator who can serve the society



**Online Mentorship Meeting During Covid Pandemic**



Session on Mentorship During Induction Period



Mentor Mentee Meet





# Mentorship Record



Mentor:

Mentee:

**GURU NANAK INSTITUTE OF PHARMACEUTICAL SCIENCE & TECHNOLOGY**  
**157/F NILGUNJ ROAD, PANIHATI, KOLKATA-700114**  
**[www.gnipst-pc.ac.in](http://www.gnipst-pc.ac.in)**

## MENTOR DETAILS

**NAME OF MENTOR** : .....

Designation : .....

Department : .....

Email ID : .....

Mobile No. : .....



## STUDENT DETAILS

1. NAME OF STUDENT : .....
2. COURSE : .....
3. REGISTRATION No. : .....
4. ROLL No. : .....
5. DATE OF ADMISSION : .....
6. DATE OF BIRTH : .....
7. BLOOD GROUP : .....
8. IDENTIFICATION MARK : .....
9. CHRONIC HEALTH PROBLEM (if any) : .....
10. ALLERGIC TO (if any) : .....
11. MOBILE No. : .....
12. Email ID : .....
13. DAY SCHOLAR / HOSTEL BOARDER : .....
14. LOCAL GUARDIAN : .....
- NAME : .....
- ADDRESS : .....
- MOBILE NO. : .....
- EMAILID : .....
- Occupation : .....
15. PERMANENT ADDRESS : .....
- .....
- .....

Paste your recent  
passport size  
photograph here



16. HOBBY :.....

17. EXTRA-CURRICULAR INTERESTS : .....

18. STUDENTS' CLUB MEMBERSHIP : .....

.....

19. FRIENDS IN COLLEGE:

a) Name :

b) Mobile no. :

a) Name :

b) Mobile No. :

a) Name :

b) Mobile No. :

20. FRIENDS OUTSIDE COLLEGE:

c) Name :

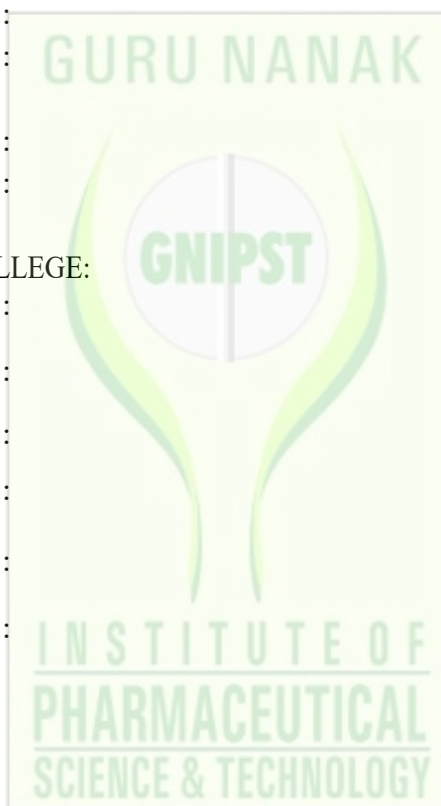
d) Mobile no. :

c) Name :

d) Mobile No. :

c) Name :

d) Mobile No. :



## PARENTS' INFORMATION

1. NAME OF FATHER : .....
- i) Mobile No. : .....
- ii) Email ID : .....
- iii) Address : .....
- .....
- iv) Qualification : .....
- v) Occupation : .....
2. NAME OF MOTHER : .....
- i) Mobile No. : .....
- ii) Email ID : .....
- iii) Address : .....
- .....
- iv) Qualification : .....
- v) Occupation : .....



## ACADEMICS

### ACADEMIC CAREER OF STUDENT UP TO 10 + 2

EXAM	YEAR OF PASSING	BOARD	SCHOOL	SUBJECTS	% of MARKS

1. FAVOURITE SUBJECTS IN SCHOOL : .....

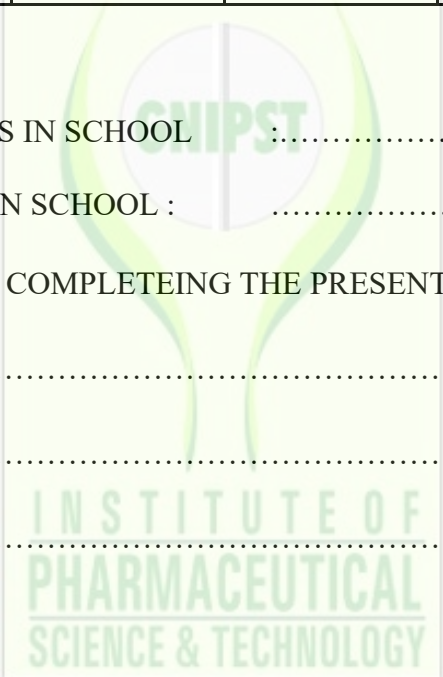
2. SUBJECTS DISLIKED IN SCHOOL : .....

3. FUTURE PLAN AFTER COMPLETEING THE PRESENT COURSE :

.....

.....

.....



ACADEMIC CAREER OF STUDENT AT THIS INSTITUTE

SEMESTER 1												
Subject Code											SGPA	YGPA
CA1												
CA2												
CA3												
CA4												
semester Grade												

SEMESTER 2												
Subject Code											SGPA	YGPA
CA1												
CA2												
CA3												
CA4												
semester Grade												

SEMESTER 3												
Subject Code											SGPA	YGPA
CA1												
CA2												
CA3												
CA4												
semester Grade												

SEMESTER 4												
Subject Code											SGPA	YGPA
CA1												
CA2												
CA3												
CA4												
semester Grade												

ACADEMIC CAREER OF STUDENT AT THIS INSTITUTE

SEMESTER 5												
Subject Code											SGPA	YGPA
CA1												
CA2												
CA3												
CA4												
semester Grade												

SEMESTER 6												
Subject Code											SGPA	YGPA
CA1												
CA2												
CA3												
CA4												
semester Grade												

SEMESTER 7												
Subject Code											SGPA	YGPA
CA1												
CA2												
CA3												
CA4												
semester Grade												

SEMESTER 8												
Subject Code											SGPA	YGPA
CA1												
CA2												
CA3												
CA4												
semester Grade												

## ATTENDANCE

SEMESTER 1										
ATTENDANCE										
Subject Code										
Month 1	Total class									
	Class attended									
Month 2	Total class									
	Class attended									
Month 3	Total class									
	Class attended									
Month 4	Total class									
	Class attended									

SEMESTER 2										
ATTENDANCE										
Subject Code										
Month 1	Total class									
	Class attended									
Month 2	Total class									
	Class attended									
Month 3	Total class									
	Class attended									
Month 4	Total class									
	Class attended									



## ATTENDANCE

SEMESTER 3										
ATTENDANCE										
Subject Code										
Month 1	Total class									
	Class attended									
Month 2	Total class									
	Class attended									
Month 3	Total class									
	Class attended									
Month 4	Total class									
	Class attended									

SEMESTER 4										
ATTENDANCE										
Subject Code										
Month 1	Total class									
	Class attended									
Month 2	Total class									
	Class attended									
Month 3	Total class									
	Class attended									
Month 4	Total class									
	Class attended									

## ATTENDANCE

SEMESTER 5										
ATTENDANCE										
Subject Code										
Month 1	Total class									
	Class attended									
Month 2	Total class									
	Class attended									
Month 3	Total class									
	Class attended									
Month 4	Total class									
	Class attended									

SEMESTER 6										
ATTENDANCE										
Subject Code										
Month 1	Total class									
	Class attended									
Month 2	Total class									
	Class attended									
Month 3	Total class									
	Class attended									
Month 4	Total class									
	Class attended									

## ATTENDANCE

SEMESTER 7										
ATTENDANCE										
Subject Code										
Month 1	Total class									
	Class attended									
Month 2	Total class									
	Class attended									
Month 3	Total class									
	Class attended									
Month 4	Total class									
	Class attended									

SEMESTER 8										
ATTENDANCE										
Subject Code										
Month 1	Total class									
	Class attended									
Month 2	Total class									
	Class attended									
Month 3	Total class									
	Class attended									
Month 4	Total class									
	Class attended									

## MONTHLY MENTOR-MENTEE INTERACTIONS

SEMESTER 1									
Date of meeting	Difficulty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any)##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Supervisor									
Project Title									

\*,#,\*\*,## - If any, give details in 'General Findings' sheet at the back with date.

SEMESTER 2									
Date of meeting	Difficulty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any)##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Supervisor									
Project Title									

\*,#,\*\*,## - If any, give details in 'General Findings' sheet at the back with date.

## MONTHLY MENTOR-MENTEE INTERACTIONS

SEMESTER 3									
Date of meeting	Difficulty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Supervisor									
Project Title									

\*,#,\*\*,## - If any, give details in 'General Findings' sheet at the back with date.

SEMESTER 4									
Date of meeting	Difficulty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Supervisor									
Project Title									

\*,#,\*\*,## - If any, give details in 'General Findings' sheet at the back with date.

## MONTHLY MENTOR-MENTEE INTERACTIONS

SEMESTER 5									
Date of meeting	Difficulty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Supervisor									
Project Title									

\*,#,\*\*,## - If any, give details in 'General Findings' sheet at the back with date.

SEMESTER 6									
Date of meeting	Difficulty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Supervisor									
Project Title									

\*,#,\*\*,## - If any, give details in 'General Findings' sheet at the back with date.



## MONTHLY MENTOR-MENTEE INTERACTIONS

SEMESTER 7									
Date of meeting	Difficulty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Supervisor									
Project Title									

\*,#,\*\*,## - If any, give details in 'General Findings' sheet at the back with date.

SEMESTER 8									
Date of meeting	Difficulty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Supervisor									
Project Title									

\*,#,\*\*,## - If any, give details in 'General Findings' sheet at the back with date.





## **GENERAL FINDINGS**

Report on mannerism, etiquettes, grooming, communication ability, interaction with classmates, interaction with teachers, any other findings to be noted.

