# GURU NANAK INSITUTE OF PHARMACEUTICAL SCIENCE AND TECHNOLOGY

157/F Nilgunj Road, Panihati, Kolkata, West Bengal 700114



**GNIPST MENTORSHIP SCHEME** 

#### **GURU NANAK INSITUTE OF PHARMACEUTICAL SCIENCE AND TECHNOLOGY**



#### **GNIPST MENTORSHIP SCHEME**

Mentor Mentee relationship has a long history. Mentor was the son of Alcimus in Greek mythology, who appeared in the Homeric epic The Odyssey. In old age, he was a close friend of Odysseus, who placed Mentor in responsibility of his son Telemachus, while the hero was away fighting at the Trojan War. Presently, term Mentor is used for someone who imparts wisdom to and shares knowledge with a less-experienced colleague.

In teaching learning process mentorship is considered as one the important universal human value which to be incorporated in every academic institute. Guru Nanak Institute of Pharmaceutical Science and Technology has adapted Mentorship policy since 2006 for the students. Students (Mentees) are assigned with different faculty members in the time of induction period and continues till final year. During the induction period students are acquainted with mentorship scheme in a dedicated session for mentorship.

#### **Purpose of the mentorship** can fulfil the following:

- help students to grow as a person and become the best version of themself.
- This may involve helping a mentee to achieve their personal or career goals, introducing them to new ways of thinking, challenging their limiting assumptions, sharing valuable life lessons, and much more.

#### **Benefits of Mentorship:**

- Increase self-confidence
- enhance self-awareness
- Develop strong communication skills
- Growing a personal network within the profession and studies
- Exposure to new and different perspectives
- Learn to self-reflect
- Improve goal-setting
- Learn from other's experiences
- Learn to ask good questions
- Being supported by someone
- Being advocated for

Mentors are also responsible to conduct regular meeting with students and parents.

#### **GURU NANAK INSITUTE OF PHARMACEUTICAL SCIENCE AND TECHNOLOGY**



#### **Do's and Dont's for Mentees:**



- Always keep in contact with your Mentor
- Meet your mentor on the basis of predefined frequencies [physically/virtually]
- Update your mentor about your regular attendance
- Take approval from your mentor regarding any kind of leave [also inform after resuming]
- Take advice for your academic, personal and professional dilemma and difficulties]
- Inform and take approval from your mentor for any kind of extra and co-curricular activities/MAR
- Share your all achievements/certificates of trainings
- Inform your semester and CA results to you mentor



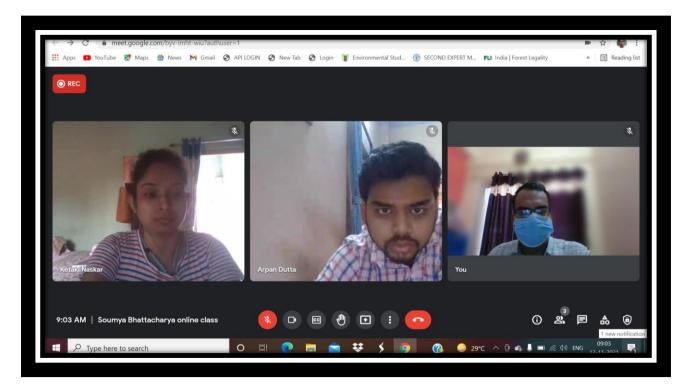
- Calling your mentor without decorum
- Avoiding all Do's

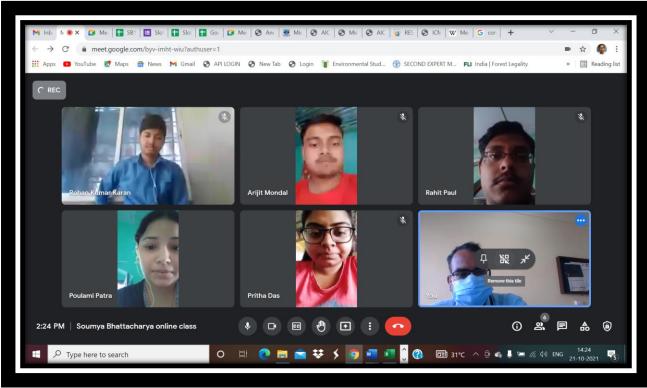
#### Outcome of GNIPST Mentorship scheme:

- ➤ A well disciplined , confident mentee
- > Ethical, professionally equipped mentee
- > Socially conscious person
- ➤ A leader, lifelong learner, communicator who can serve the society

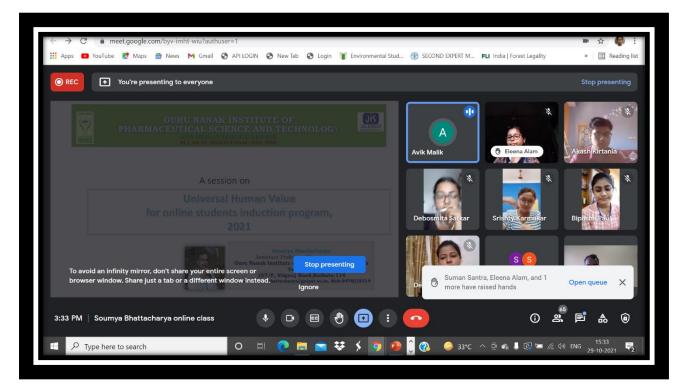








**Online Mentorship Meeting During Covid Pandemic** 



Session on Mentorship During Induction Period



Mentor Mentee Meet



# Mentorship Record



Mentor:

Mentee:

GURU NANAK INSTITUTE OF PHARMACEUTCAL SCIENCE & TECHNOLOGY

157/F NILGUNJ ROAD, PANIHATI, KOLKATA-700114

www.gnipst-pc.ac.in

## **MENTOR DETAILS**

NAME OF MENTOR	:
Designation	:
Department	GURU NANAK
Email ID	
Mobile No.	GNIPST
	PHARMACEUTICAL SCIENCE & TECHNOLOGY

### STUDENT DETAILS

1. NAME OF STUDENT	:		
2. COURSE	:		Paste your recent passport size
3. REGISTRATION No.	:		photograph here
4. ROLL No.	:		
5. DATE OF ADMISSION	:		
6. DATE OF BIRTH	G		
7. BLOOD GROUP	:		
8. IDENTIFICATION MAR	K		
9. CHRONIC HEALTH PRO	OBLEM	1 (if any):	
10. ALLERGIC TO (if ar	ny)		
11. MOBILE No.	:		
12. Email ID		:	
13. DAY SCHOLAR / HOST	EL BO	ARDER:	
14. LOCAL GUARDIAN		NSTITUTEOF	
NAME :		HARMACEUTICAL	
ADDRESS :		SIENGE & TECHNOLOGY	
MOBILE NO. :			
EMAILID :	•••••		
Occupation :			
15. PERMANENT ADDRESS	S	:	

## GURU NANAK INSTITUTE OF PHARMACEUTICAL SCIENCE AND TECHNOLOGY Panihati, Sodepur, Kolkata - 700114

16.	. HOBBY :			
17.	. EXTRA-CURRICULAR INTER	RESTS :		
18.	. STUDENTS' CLUB MEMBERS	SHIP :		
19.	a) Name : b) Mobile no. :			
		RU NAN	IAK	
	a) Name : b) Mobile No. :			
20.	. FRIENDS OUTSIDE COL <mark>LEGE:</mark>			
	c) Name			
	d) Mobile no.			
	c) Name :			
	d) Mobile No. :			
	c) Name :			
	d) Mobile No.	TITUTE		

## PARENTS' INFORMATION

1.	NAM	IE OF FATHER	:
	i)	Mobile No.	:
	ii)	Email ID	:
	iii)	Address	:
			GURU NANAK
	iv)	Qualification	
	v)	Occupation	( GNIPST
2.	NAM	IE OF MOTHER	
	i)	Mobile No.	:
	ii)	Email ID	
	iii)	Address	:
			INSTITUTE OF
	iv)	Qualification	PHARMACEUTICAL SCIENCE X TECHNIMIES
	v)	Occupation	OULHOL & ILUMIDLOUT

## **ACADEMICS**

#### ACADEMIC CAREER OF STUDENT UP TO 10 + 2

EXAM	YEAR OF PASSING	BOARD	SCHOOL	SUBJECTS	% of MARKS
		GURU	MANAK		
		00110	471147111		
1. FAVOUR	RITE SUBJECTS	S IN SCHOOL	PST		•••••
2. SUBJECT	ΓS DISLIKED IN	N SCHOOL :			
3. FUTURE	PLAN AFTER	COMPLETEINO	THE PRESENT	Γ COURSE	:
•••••		· · · · · · · · · · · · · · · · · · ·			••••••
		1 11 0 7 1 7			

## GURU NANAK INSTITUTE OF PHARMACEUTICAL SCIENCE AND TECHNOLOGY Panihati, Sodepur, Kolkata - 700114

#### ACADEMIC CAREER OF STUDENT AT THIS INSTITUTE

		SEI	MESTI	ER 1			
Subject Code						SGPA	YGPA
CA1							
CA2							
CA3							
CA4							
semester Grade							
	0.1	SEI	MESTI	ER 2	V IZ		
Subject Code	61	JKU	1 1/1 /	A IN A	A IX	SGPA	YGPA
CA1							
CA2							
CA3		G	IIP3				
CA4							
semester Grade							
1		SEI	MESTI	ED 3			
Subject Code		SE	VILSTI	JK 3		SGPA	YGPA
CA1		0.7	7 1		0.5		
CA2	1 1/1	2	1 0	1.	1 0		
CA3	PH	ARM	ACE	UTIC	AL		
CA4	SCII	ENCE	& TEC	HNOL	OGY		
semester Grade							
		SFI	MESTI	FR 4			
Subject Code		SL.		ZAX T		SGPA	YGPA
CA1							
CA2							
CA3							
CA4							
semester Grade							

## GURU NANAK INSTITUTE OF PHARMACEUTICAL SCIENCE AND TECHNOLOGY Panihati, Sodepur, Kolkata - 700114

#### ACADEMIC CAREER OF STUDENT AT THIS INSTITUTE

		SEM	IESTE	R 5			
Subject Code						SGPA	YGPA
CA1							
CA2							
CA3							
CA4							
semester Grade							
	0.1	SEM	ESTE	R 6	17		
Subject Code	61	JHU	IV A	N /	\K	SGPA	YGPA
CA1		/					
CA2		/					
CA3		GI	12				
CA4							
semester Grade							
		SEM	(ESTE	D 7			
Subject Code		SEN		/IX /		SGPA	YGPA
CA1		0 - /	- 1		0 5		
CA2	1 1/1	2	I U	11:	1 0		
CA3	PH	ARM/	<b>ACE</b>	JTIC	AL		
CA4	SCII	ENCE &	TEC	HNOL	OGY		
semester Grade							
		CEM	ESTE	DΩ			
Subject Code		SEM	ILO I E	AX O		SGPA	YGPA
CA1							
CA2							
CA3					+		
CA4					+		
semester Grade							

				EMEST					
			AT	TENDA	ANCE			•	
Subje	ct Code								
Month	Total class								
1	Class attended								
Month	Total class		011	511	0.1.0.1		,		
2	Class attended		υU	KU	NA	VAI			
Month	Total class		/						
3	Class attended			GNI	TZQ				
Month	Total class								
4	Class attended								

				SEMESTER 2								
	ATTENDANCE											
Subje	ct Code				TIT	UT	E O	ы				
Month	Total class			DHV	SMV	CEII.	TICA	1				
1	Class attended			SCIEN	CE &	ECHI	IOLOG	Y				
Month	Total class											
2	Class attended											
Month	Total class											
3	Class attended											
Month 4	Total class											
	Class attended											

				EMEST						
	Ī		AI	TENDA	ANCE	ı	1	ı	T	1
Subje	ct Code									
Month	Total class									
1	Class attended									
Month	Total class		0.11	-						
2	Class attended		υŪ	RU	NA	VAI				
Month	Total class									
3	Class attended			GNI	DST					
Month	Total class									
4	Class attended									

				SE	EMEST.	ER 4					
ATTENDANCE											
Subje	ct Code			I NI S	TIT	UT	E O	L			
Month	Total class			DHA	SMV	CEII.	TICA	1			
1	Class attended			SCIEN	CE &	ECHI	OLOG	Ÿ			
Month	Total class										
2	Class attended										
Month	Total class										
3	Class attended										
Month	Total class										
4	Class attended										

					EMEST							
	ATTENDANCE											
Subjec	ct Code											
Month	Total class											
1	Class attended											
Month	Total class			011	211			,				
2	Class attended			υŪ	KU	NAI	N A I					
Month	Total class											
3	Class attended				GNI	PST						
Month	Total class											
4	Class attended											

				SE	EMEST.	ER 6				
				AT	TEND A	ANCE				
Subject Code				I II C	TIT	UT	E O	ы		
Month				DHV	ZΜΔ	CEII.	TICA			
1				SCIEN	CE &	ECHI	IOLOG	Y		
Total Month class										
2	Class attended									
Month	Total class									
3	Class attended									
Month										
4										

				EMEST					
			AT	TENDA	ANCE		T	1	1
Subjec	ct Code								
Month	Total class								
1	Class attended								
Month	Total class		011	-	A 1 A 1	1101			
2			UU	KU	NAI	VAI			
Month	Total class								
3	Class attended			GNI	TZQ				
Month	Total class								
4	Class attended	·							

				SE	EMEST.	ER 8				
				AT'	TEND A	ANCE				
Subject Code				I NI S	TIT	UT	E O	u		
Month				DHA	SMV	CEII.	TICA	1		
1 Class attended				SCIEN	CE &	ECHI	OLOG	Ÿ		
Month	Total class									
2	Class attended									
Month	Total class									
3										
Month										
4										

				SEME	STER 1	-			
Date of meeting	Difficul ty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
			GUI	RU N	ANAI	(			
			/						
				GNIPS	T)				
Project Su	pervisor							1	
Project		10	1 11						

<sup>\*,#,\*\*,## -</sup> If any, give details in 'General Findings' sheet at the back with date.

				SEME	STER 2	2			
Date of meeting	Difficul ty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
			OUILII	JE OL TEO	IIIIOLOC				
Project Su	ıpervisor								
Project	t Title								

<sup>\*,#,\*\*,## -</sup> If any, give details in 'General Findings' sheet at the back with date.

	SEMESTER 3												
Date of meeting	Difficul ty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks				
			GUI	RU N	ANAI								
			/										
				GNIPS	T								
Project Su	ipervisor												
Project	Title												

<sup>\*,#,\*\*,## -</sup> If any, give details in 'General Findings' sheet at the back with date.

				SEME	STER 4	ŀ			
Date of meeting	Difficul ty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Su	ıpervisor								
Project	Project Title								

<sup>\*,#,\*\*,## -</sup> If any, give details in 'General Findings' sheet at the back with date.

				SEME	STER 5	)			
Date of meeting	Difficul ty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
			GUI	RU N	ANAI				
				CMID	T				
Project Su	pervisor								
Project		10	1 , 1		1 E' 1'	2.1			

<sup>\*,#,\*\*,## -</sup> If any, give details in 'General Findings' sheet at the back with date.

				SEME	STER 6	5			
Date of meeting	Difficul ty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project St	ıpervisor								
Project	Title								

<sup>\*,#,\*\*,## -</sup> If any, give details in 'General Findings' sheet at the back with date.

	SEMESTER 7												
Date of meeting	Difficul ty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks				
			GUI	RU N	ANAI	(							
			/										
				CMIDS	T								
Project Su	ıpervisor			OMIP:									
Project	Title												

<sup>\*,#,\*\*,## -</sup> If any, give details in 'General Findings' sheet at the back with date.

				SEME	STER 8	3			
Date of meeting	Difficul ty in any subject (Th / Pr)*	Personal difficulty (if any)#	Health problems (if any) ##	Any complaint **	Reason for absence, if any	MOOCS Course enrolled / completed	Industrial visit	Webinars / Seminars attended	Remarks
Project Su	ıpervisor								
Project	Title								

<sup>\*,#,\*\*,## -</sup> If any, give details in 'General Findings' sheet at the back with date.

## GURU NANAK INSTITUTE OF PHARMACEUTICALSCIENCE AND TECHNOLOGY Panihati, Sodepur, Kolkata - 700114

### **MAR POINTS EARNED**

Sl.No.	Activity					Points	Earned						
	MOOCS (SWAYAM/NPTEL/Spoken Tutorial) per course		Points	Max. points allowed	Sem1	Sem2	Sem3	Sem4	Sem5	Sem6	Sem7	Sem8	Total
1	For 12 weeks duration/40hours		20										
	For 8 weeks duration/30hours	CI	16	40									
	For 4weeks duration/20hours	ul	10	IANA									
	For 2weeks duration/10hours		5	\									
	Tech Fest/Fest/Teachers Day/Freshers Welcome	_/											
2	Organizer		5	10									
	Participant		3	6									
3	Rural Reporting	1	5	10									
4	Tree Plantation and up keeping (per tree)		1	10									
5	Participation in Relief Camps												
	Collection of fund/ materials in relief camp		5	40									
	To be part of the relief work team		20										
6	Participation in Debate/Group Discussion/ Tech quiz /Quiz/workshop/seminar/painting/music dance workshop	IN	10 -	20	F								
7	Contribution to trust/institute in any form	DII	10	20	ī								
_	Publication of Wall magazine in institutional level (magazine/article/internet)	SCIE	NCE & T	ECHNOLO	i Y								
8	Editor		10	20									
	Writer		6	12									
9	Publication in News Paper, Magazine & Blogs		10	20									
10	Research Publication (per publication)		15	30									
11	Innovative Projects (other than course curriculum)		30	60									
12	Blood donation		8	16									
	Blood donation camp Organization		10	20									

## GURU NANAK INSTITUTE OF PHARMACEUTICAL SCIENCE AND TECHNOLOGY Panihati, Sodepur, Kolkata - 700114

Sl.No.	Activity				Points Earned							
	MOOCS (SWAYAM/NPTEL/Spoken Tutorial) per course	Points	Max. points allowed	Sem1	Sem2	Sem3	Sem4	Sem5	Sem6	Sem7	Sem8	Total
13	Participation in Sports/Games											
	College level	5	10									
	University Level	10	20									
	District Level	12	24	ΔK								
	State Level	15	30									
	National/International Level	20	20	\								
14	Cultural Programme (Dance, Drama, Elocution, Music etc.)	10	20									
15	Member of Professional Society	10	20									
16	Student Chapter	10	20									
17	Relevant Industry Visit & Report	10	20									
18	Photography activities in different Club(Photography club, Cine Club, Gitisansad)	5	10									
19	Participation in Yoga Camp (Certificate to be submitted)	5	10									
20	Community Service & Allied Activities like: Caring for the Senior Citizens, Under-privileged/Street Children/ Animal Care etc	10	20	n F								
21	Adventure Sports with Certification	10	20	LAAL								
22	Training to under privileged / Differently Abled	15	30	UAL								
23	Self-Entrepreneurship Programme	SCIENCE	& TECHNI	LOGY								
	To organise entrepreneurship programmes and workshops	10	20									
	To take part in entrepreneurship workshop and get certificate	5	10									
	Video film making on entrepreneurship	10	20									
	Submit business plan on any project	10	20									
	To work for start-up/as entrepreneur	20	40									
		<b>Total Points</b>										
	Signature of Mentor											
	Signature of HOD											
	Signature of SPOC-MAR											

### **GENERAL FINDINGS**

Report on mannerism, etiquettes, grooming, communication ability, interaction with classmates, interaction with teachers, any other findings to be noted.

